

Agreement of Hidden Playground

The space and time of Hidden Playground:

- a) The Hidden Playground will exist for a hundred and twenty continuous hours after which it is to be dismantled.
- b) During the time span of Hidden Playground the participants will accept and comply with all the items stated in this agreement.
- c) The Hidden Playground will be kept as clean as possible and isolated from its surroundings.
- d) The Hidden Playground is only to be entered by a harmonized body, whose hands and feet have been thoroughly cleaned.
- e) During the hundred and twenty hours that Hidden Playground exists the participants will inhabit it as much as possible. Contact with the outside world is to be kept to a minimum.

The physical body of the participants:

- f) The body is to be kept well groomed, well washed and well dressed.
- g) Food is to be kept simple. Nothing from the animal kingdom is to enter the body.
- h) The body is to be kept chaste.

The Grammar of Hidden Playground:

- i) All Acts described are to be performed and followed to the letter.
- j) The participant is to give himself fully to the Acts.
- k) An Act is never to be interrupted until it has been fully performed.

Working with the Acts of Hidden Playground:

- l) The performance of an Act is an exercise-of-will.
- m) The exercise-of-will is performed by the use of: visualization, physical movements, verbalization and materials.
- n) Visualization is always to be used in the performance of any Act.
- o) There are outer and inner sources of energy.
- p) Item o) is a necessary misconception.
- q) The exercise-of-will is the power to influence the course of events by using a force relying on an inner and/or outer source of energy.
- r) There is only you and you are more than one.

During the hundred and twenty hours of Hidden Playground I will follow and agree to these stated items.

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